

# FITNESS

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KDGC



## Pilates Reformer

Pilates classes are offered as one-hour private classes or semi-private sessions. Kathi is Stott certified and offers classes weekdays before 2:00 p.m. Feel free to call Kathi at 330.518.7010 if you are interested in scheduling a private.



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For more information, please  
call the studio.  
330.549.2522